

Memorial Anteunis 25: Session: 1: COACH evaluation sheet for TEAM: SWEM

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ 08:45 Relay line-up input: The listed starttimes are indicative!

Coaches: De Pauw Bieke HEADCOACH

Coaches: Dierickx Kaat

Coaches: Vanderrijst Ananza

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BREASTSTROKE WOMEN 11-17			Heat:3, starttime: 09:03
Heat: 3/11 Lane : 6 Athlete: DE LETTER LINDE			Q-time: 00:48:47
PB (25m pool): no time			PB (50m pool): 00:59.27 SB: no time
PB	2 5 M	5 0 M	
		no time	
	no time		
			

Coach feedback:

Event number: 1: 50M BREASTSTROKE WOMEN 11-17			Heat:4, starttime: 09:04
Heat: 4/11 Lane : 1 Athlete: COWIE LORE			Q-time: 00:46:55
PB (25m pool): 00:46.55 Lokeren 29/09/2024			PB (50m pool): 00:51.25 SB: no time
PB	2 5 M	5 0 M	
		00:46.55	
	00:46.55		
			

Coach feedback:

Event number: 1: 50M BREASTSTROKE WOMEN 11-17			Heat:4, starttime: 09:04
Heat: 4/11 Lane : 5 Athlete: VANDERSCHAEGHE ELLA			Q-time: 00:44:51
PB (25m pool): 00:44.51 Lokeren 29/09/2024			PB (50m pool): 00:51.07 SB: no time
PB	2 5 M	5 0 M	
		00:44.51	
	00:44.51		
			

Coach feedback:

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Event number: 1: 50M BREASTSTROKE WOMEN 11-17			Heat:5, starttime: 09:05
Heat: 5/11 Lane : 7 Athlete: DE WINTER LORE			Q-time: 00:43:99
PB (25m pool): no time			PB (50m pool): 00:45.07 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 1: 50M BREASTSTROKE WOMEN 11-17			Heat:6, starttime: 09:07
Heat: 6/11 Lane : 4 Athlete: Taelman Yade			Q-time: 00:41:48
PB (25m pool): 00:42.40 t Rosco 20/10/2024			PB (50m pool): 00:44.40 SB: no time
	2 5 M	5 0 M	
PB		00:42.40	
	00:42.40		
			

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 11-17			Heat:2, starttime: 09:15
Heat: 2/8 Lane : 6 Athlete: Vanderschaeghe Daan			Q-time: 00:50:74
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 11-17			Heat:4, starttime: 09:17
Heat: 4/8 Lane : 7 Athlete: Van Neer Lowiek			Q-time: 00:39:49
PB (25m pool): 00:39.49 t Rosco 20/10/2024			PB (50m pool): 00:43.78 SB: no time
	2 5 M	5 0 M	
PB		00:39.49	
	00:39.49		
			

Coach feedback:

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Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:5, starttime: 09:28
Heat: 5/18 Lane : 2 Athlete: DE MAEIJER ELENA			Q-time: 00:34:83
PB (25m pool): 00:34.83 t Rosco 20/10/2024			PB (50m pool): 00:34.83 SB: no time
	2 5 M	5 0 M	
PB		00:34.83	
	00:34.83		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:2, starttime: 09:59
Heat: 2/12 Lane : 3 Athlete: VANDERSCHAEGHE ELLA			Q-time: 00:44:60
PB (25m pool): 00:45.64 Lokeren 29/09/2024			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:45.64	
	00:45.64		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:3, starttime: 10:00
Heat: 3/12 Lane : 1 Athlete: DE WINTER LORE			Q-time: 00:41:67
PB (25m pool): no time			PB (50m pool): 00:39.06 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:3, starttime: 10:00
Heat: 3/12 Lane : 7 Athlete: COWIE LORE			Q-time: 00:40:21
PB (25m pool): 00:40.33 t Rosco 20/10/2024			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:40.33	
	00:40.33		
			

Coach feedback:

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Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:4, starttime: 10:01
Heat: 4/12 Lane : 4 Athlete: DE MEY AURORA			Q-time: 00:37:84
PB (25m pool): 00:37.84 Zottegem 09/03/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:37.84	
	00:37.84		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:6, starttime: 10:04
Heat: 6/12 Lane : 5 Athlete: Taelman Yade			Q-time: 00:34:83
PB (25m pool): 00:41.34 Dendermonde1 25/11/2023			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:41.34	
	00:41.34		
			

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11-17			Heat:2, starttime: 10:12
Heat: 2/10 Lane : 8 Athlete: VANDERSCHAE GHE DAAN			Q-time: 00:46:70
PB (25m pool): 00:46.70 Lokeren 29/09/2024			PB (50m pool): 00:47.29 SB: no time
	2 5 M	5 0 M	
PB		00:46.70	
	00:46.70		
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:4, starttime: 10:25
Heat: 4/13 Lane : 0 Athlete: DE LETTER LINDE			Q-time: 00:43:19
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

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Event number: 7: 50M BACKSTROKE WOMEN 11-17										Heat:4, starttime: 10:25	
Heat: 4/13 Lane : 3 Athlete: VANDERSCHAEGHE ELLA									Q-time: 00:42:17		
PB (25m pool): 00:42.17 Lokeren 28/09/2025					PB (50m pool): 00:50.08 SB: 00:42.17 Lokeren 28/09/2025						
	2 5 M		5 0 M								
PB			00:42.17								
	00:42.17										
											

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17										Heat:5, starttime: 10:27	
Heat: 5/13 Lane : 3 Athlete: DE MAEIJER ELENA									Q-time: 00:39:76		
PB (25m pool): 00:39.76 Lokeren 28/09/2025					PB (50m pool): 00:43.50 SB: 00:39.76 Lokeren 28/09/2025						
	2 5 M		5 0 M								
PB			00:39.76								
	00:39.76										
											

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11-17										Heat:8, starttime: 10:45	
Heat: 8/10 Lane : 2 Athlete: VAN NEER LOWIEK										Q-time: 00:31:67	
PB (25m pool): 00:31.67 Lokeren 28/09/2025										PB (50m pool): 00:36.06 SB: 00:31.67 Lokeren 28/09/2025	
	2 5 M		5 0 M								
PB			00:31.67								
			00:31.67								
											

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:4, starttime: 11:10	
Heat: 4/10 Lane : 8 Athlete: DE MEY AURORA							Q-time: 06:05:27	
PB (25m pool): 06:05.27 Sinbad 12/01/2025				PB (50m pool): 06:50.79 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:25.75		no time		02:59.61
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:05.27
								

Coach feedback: